

From Diagnosis to Therapy:

A TSC Access Guide for Neurology & Field Teams

The path from diagnosis to treatment of **Tuberous Sclerosis Complex (TSC)** often involves delays—not due to clinical uncertainty, but due to gaps in coordination across the care equation.

With up to 85% of individuals with TSC experiencing epilepsy, timely therapy is critical.

The 5 Major Gaps in TSC Care → How to Address Them

1. Incomplete Clinical Context

Documentation gaps delay approval.



- Confirm diagnosis and manifestations
- Document prior therapies and outcomes
- Provide payer-ready treatment rationale

2. Misaligned Prior Authorization

Generic submissions often fail payer review.



- Align to plan-specific criteria
- Assign a single point of contact
- Respond within 24–48 hours

3. Fragmented Pharmacy Coordination

Not all specialty pharmacies support complex neurology workflows.



- Use rare disease and neurology experienced partners
- Confirm payer alignment before submission
- Maintain prescription visibility

4. Financial Barriers

Cost uncertainty delays or prevents initiation.



- Complete early benefits verification (primary and secondary)
- Identify financial assistance options
- Set clear patient cost expectations

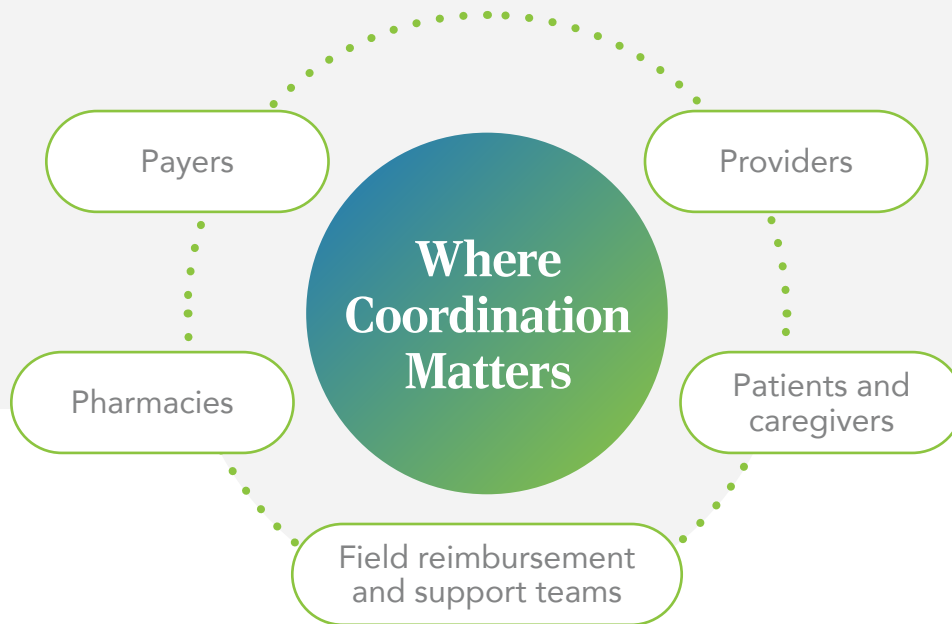
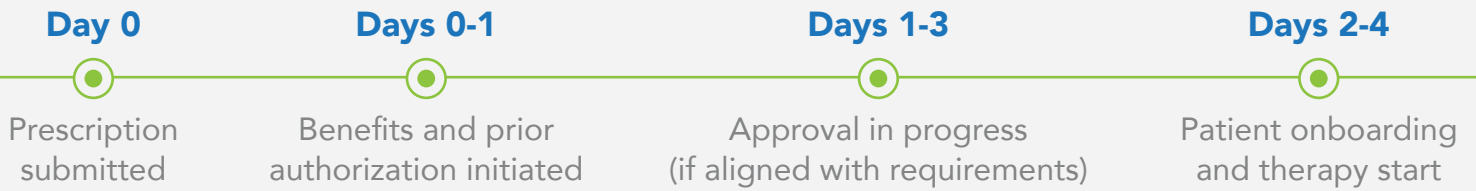
5. Limited Ongoing Support

Patients may disengage after approval.



- Set expectations early
- Maintain proactive follow-up
- Provide ongoing education and adherence support

What the Right Process Looks Like



An Extension of the Care Ecosystem

Total Care RX orchestrates access and aligns stakeholders through:

- Accurate, timely submissions
- Prior authorization management
- Financial assistance guidance
- Patient education and adherence support for FDA-approved therapies such as [HYFTOR](#) (sirolimus topical gel 0.2%)
 - Developed by [Nobelpharma America](#), HYFTOR is used to treat facial angiofibromas in patients aged 6 and older.

Quick Checklist for Your Team

Before submitting a TSC prescription:

- Diagnosis and clinical documentation completed
- Prior treatment history included
- Appropriate specialty pharmacy selected
- Insurance coverage verified
- Patient informed of next steps

Need Support With a Current Patient?



If a patient with TSC is experiencing delays in starting therapy, early identification of coordination gaps can help restore momentum in the access pathway.

For support, contact [Total Care RX](#):

(718) 762-7111 | Neuro@TotalCareRX.com | TotalCareRX.com

For more information on TSC visit:

TSCAlliance.org